



Weekly Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cheerios Banana Milk	Wheat Pancakes Strawberries Milk	Oatmeal Blueberries	Eggs & Toast Apple Slices Milk	Rice Krispy Cereal Sliced Grapes Milk
Morning Snack	Cheese & Crackers	Yogurt with Berries	Animal Crackers 100% Fruit Juice	Rice Krispy Cereal 100% Fruit Juice	Trail Mix
Lunch	Mixed Vegetable Lentil Stew Milk	Macaroni & Cheese Steamed Corn	Mashed Potatoes with Vegetables Apple Slices Milk	Veggie Pattie Burger Applesauce Milk	Grilled Cheese Steamed Broccoli Watermelon
Evening Snack	Trail Mix Milk	Cheese & Crackers Watermelon	Crackers Milk	Yogurt with Berries	Rice Krispy Cereal

- ❖ Water will be provided with every meal and all throughout the day.
- ❖ Only fat-free or 2% milk is served to children ages 2 and over. Whole milk is served for children 12 – 24 months.
- ❖ Only whole grain, enriched, or fortified breads, grains, and cereals used.