

Sample Daily Schedule

Time	Schedule
OPEN - 9:00 A.M.	Arrival and Breakfast The children arrive, take off their shoes and wash hands. They then get to enjoy breakfast together.
9:00 A.M. - 9:30 A.M.	Free play/ Outdoor play We play music and let the children dance and play. They learn to share and take turns during this time while also having fun.
9:30 A.M. - 9:50 A.M.	Circle reading The children sit in a circle after choosing out books. 2-3 books are chosen by selected children (changes daily) and we read the books out for them. They also get to recite with us as we read through to work on pronunciations.
9:50 A.M. - 10:30 A.M.	Activity time Following some of the lesson plan activities the children learn through creative activities. These sections are meant to help with their cognitive development through various activities. Quick breaks are taken after each activity to give them time to absorb what they learnt.
10:30 A.M. - 10:45 A.M.	Clean up The children sing the cleanup song while cleaning up after themselves. We make sure the children understand their responsibilities. If they played with the toys then they also have to clean up.
10:45 A.M. - 11:30 A.M.	Lunch The children wash their hands and sit on the table. We serve fresh meals full of nutritious vegetables and grains incorporating Whole Foods
11:30 A.M. - 12:15 A.M.	Activity time The children get to explore available toys to play with. They usually form groups of 2 to 3 to play with the available toys. An example of this would be working on an age appropriate puzzle or building rockets with the building blocks
12:15 A.M. - 12:30 P.M.	Clean up The children sing along with the cleanup song while putting back the toys they played with

Time	Schedule
12:30 P.M. - 12:50 P.M.	<p style="text-align: center;">Dance and stretch</p> <p>ABC songs and other educative songs are played while the children dance and stretch following their caretaker.</p>
12:50 P.M. - 3:00 P.M.	<p style="text-align: center;">Rest time</p> <p>The children help put their cots in place. We play some classical music to help them calm.</p>
3:00 P.M. - 3:30 P.M.	<p style="text-align: center;">Group time</p> <p>It's time to enjoy some group activities! The children get to choose from a list of activities like floor is lava or which fruit is it.</p>
3:30 P.M. - 4:10 P.M.	<p style="text-align: center;">Afternoon Snack/ Pre dinner</p> <p>We offer a bulky snack or a small meal during this time. The children help with putting the plates on the table.</p>
4:10 P.M. - 4:45 P.M.	<p style="text-align: center;">Activity time</p> <p>During this time we continue following the lesson plan. During this time we either sit in circle or the table to follow through with the activities.</p>
4:45 P.M. - close	<p style="text-align: center;">Free play</p> <p>The children get to enjoy activities they want to do. They can dance, play with blocks, ride in carts, etc. As the parents start to come for pickup the children get to choose a sticker for the good job they did during their time with us!</p>